

First row: Zachary Alday and Gregory Jung **Second row:** Zachary Anderson, Kyle Sommers, Brayden Rytlewski and Shamiel Hollins. **Third row:** Coach Mickey Rutz,

Andrew Foster, John Risdon, Elijah Frey, Dean Sommers, Trysten Klipsch, Mason Clancy, Lucas Meints, Jonathan King and coach Robin Jung.



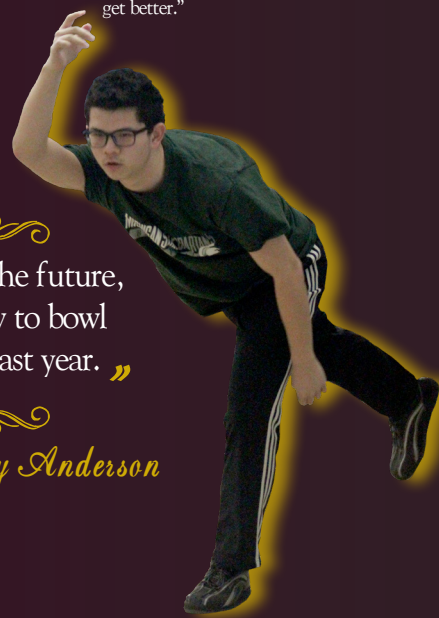
Throw for the Team

Adjusting his grip on the ball, junior Elijah Frey (1) glances down the lane to prepare a shot. Frey explains why he loves bowling. "I bowl because it's what I was put on Earth to do," Frey said. "When push comes to shove, I hope to have a bowling ball in my hands."

About to release the ball, junior Gregory Jung (2) completes a shot down the ball track's center arrows. Jung describes why bowling practices are so amusing yet important to him. "Bowling practices are a lot of fun because you just talk with your friends about bowling, but when you get out on the lane, it is your turn to focus and learn how to fix your mistakes and get better."

"I will go into the future, knowing how to bowl better than last year."

Junior Zachary Anderson



Stats

Mattawan	W
Portage Central	L
Portage Northern	L
Battle Creek Central	W
Paw Paw	L
Otsego	W
Vicksburg	L
Loy Norrix	W

Total W/L 4/4



Ability radiates through bowler's performance

The bowling shoes of past remarkable athletes on the team may seem hard to fill, but junior Trysten Klipsch spends his Wednesday evenings practicing and improving in an effort to fill them.

"I just started bowling this year, and it has been a great choice for me. I want to leave behind a legacy that shows how I wanted to have fun in the sport, and teach others the fun they can have as well," Klipsch said. "I am having fun while playing and having a unique sport that not many know about, means I get to be able to play it regularly, which is such a great thing."

Pressure creeps in when all eyes are on the lane on that one person during a competition. With pressure and nerves affecting a bowler's performance, bowling is characterized as more of a mental sport. Thinking and strategizing and trusting that the ball is going to attack the pins is key.

"Competitions are more intense than

I thought. People take it very seriously, and give it their all to win, which I enjoy," Klipsch said. "My favorite thing about competitions is how nervous I get with everyone watching me bowl, especially when my hands are shaky. I didn't really get over my nerves at the competition, but I do things better under pressure."

Klipsch said that forming friendships and molding memories will leave an impact on him and has a calming effect. Bowling brought himself and his friends closer, which was something he said he always takes away from the experience.

"I would recommend bowling to everyone. I chose to participate for the friendships and the memories," Klipsch said. "Only because it is a sport that is fun and not many people know about it. You don't just sit doing or not make it worth your time, which some other more popular sports do for having a large group of people."

Practice Makes Perfect

As junior Zachary Anderson (1) follows through with the ball, he takes his steps to ensure a strike. "It's very simple: I just make sure to practice my form a lot, and focus during the big games," Anderson said.

At practice, sophomore Kyle Sommer (2) focuses on his mind set when putting the ball into play. "I find a comfortable, consistent and effective way to bowl and get a bowling ball that works for me," Sommer said.

Prepared to launch the ball, junior Zachary Alday (3) focuses on the pins in front of him. Alday explains his tactics at bowling practices that help him for his competitions. "I work at being consistent and to improve every time I bowl," Alday said.



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